



Pool Schedule

Reminders

**Please check
mcympa.org/schedules
for pool updates.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-6:30am 6:30-7am	Open Swim/Lap Swim	Open Swim/Lap Swim	Open Swim/Lap Swim	Open Swim/Lap Swim	Closed	Closed	
7-7:30am 7:30-8am							
8-8:30am 8:30-9am							
9-9:30am 9:30-10am	Aquacise Open Swim/Lap Swim	Aquacise Open Swim/Lap Swim	Aqua Volleyball Open Swim/Lap Swim	Aquacise Open Swim/Lap Swim	Open Swim/Lap Swim	Open Swim/Lap Swim	
10-10:30am 10:30-11am	Open Swim/Lap Swim	Open Swim/Lap Swim	Open Swim/Lap Swim	Open Swim/Lap Swim	Homeschool P.E.	Water Aerobics Open Swim/Lap Swim	
11-11:30am 11:30-12pm							
12-12:30pm 12:30-1pm							
1-1:30pm 1:30-2pm	Closed	Closed	Closed	Closed	Closed	Open Swim/Lap Swim	Closed
2-2:30pm 2:30-3pm							
3-3:30pm 3:30-4pm							
4-4:30pm 4:30-5pm	Aqua Volleyball Open Swim/Lap Swim	Open Swim/Lap Swim	Aqua Volleyball Open Swim/Lap Swim	Open Swim/Lap Swim	Open Swim/Lap Swim	Closed	
5-5:30pm 5:30-6pm	Open Swim/Lap Swim	Swim Lessons	Open Swim/Lap Swim	Swim Lessons			
6-6:30pm 6:30-7pm	Water Aerobics Open Swim/Lap Swim		Water Aerobics Open Swim/Lap Swim				
7-7:30pm 7:30-8pm	Open Swim/Lap Swim	Swim Lessons Open Swim/Lap Swim	Open Swim/Lap Swim	Swim Lessons Open Swim/Lap Swim			
8-8:30pm 8:30-9pm	Closed	Closed	Closed	Closed	Closed		



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

October 29th – December 3rd

There will be at least one lap lane open most times during the day (other than during swim lessons and Homeschool P.E.) to reserve. Go to mcymca.org/lapswim to reserve your lap lane.

Open swim will be available anytime the pool is open during the day (other than during swim lessons). Listed below are our class/program times that could cause the pool to be busier during these times.

Mondays

Aquacise w/ Rhonda 8-9:30am

Open Water Volleyball 3:30-5pm

Water Aerobics w/ Kim 6-7pm

Thursdays

Aquacise w/ Rhonda 8-9am

Swim Lessons 5-8pm

Tuesdays

Aquacise w/ Rhonda 8-9am

Swim Lessons 5-8pm

Fridays

Wednesdays

Open Water Volleyball 8-9:30am

Open Water Volleyball 3:30-5pm

Water Aerobics w/ Kim 6-7pm

Saturdays

Water Aerobics w/ Kim 9:30-10:30am