

DATE August 2026

Summer Menu

NAME OF CENTER YMCA, 751 West 2nd St

MONDAY 3rd				TUESDAY 4th			WEDNESDAY 5th			THURSDAY			FRIDAY		
Food Item		3-5yrs	6+ yrs	Food Item		3-5yrs	6+ yrs	Food Item		3-5yrs	6+ yrs	Food Item		3-5yrs	6+ yrs
<u>BREAKFAST:</u> MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Milk Grape Juice Cherrios	 8oz 1/2c 3/4c	 8oz 1/2c 3/4c	Milk Applesauce French Toast (CN)	 8oz 1/2c 1ea	 8oz 1/2c 1ea	Milk Scrambled Eggs Orange Juice Toast (WG)	 8oz 2ea 1/2c 1s	 <						

CYCLE WEEK 4

updated 07/31/2026

(F)= Fresh fruit or vegetable
 (WG)=Whole grain
 (HM)=Homemade
 (CN)=Child Nutrition Label
 (PF)=Product Formulation

c=cup
 s=slice
 sr=serving

Milk 1% unflavored, flavored
ALL MENUS ARE SUBJECT TO CHANGE
 This institution is an equal opportunity provider