

DATE JUNE/JULY 2026

Summer MENU

NAME OF CENTER YMCA, 751 West 2nd St

MONDAY 29th				TUESDAY 30th				WEDNESDAY 1st				THURSDAY 2nd				FRIDAY 3rd																																						
Food Item		6+ yrs		Food Item		6+ yrs		Food Item		6+ yrs		Food Item		6+ yrs		Food Item		6+ yrs																																				
<u>BREAKFAST:</u>																																																						
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Milk	8oz	Apple Juice	1/2c	Cinnamon Toast Crunch (WG)	3/4c	Milk	8oz	Mandrin Oranges	1/2c	Sausage Patty (CN), Cheese English Muffin(WG)	2oz	1sr	Milk	8oz	Orange Juice	1/2c	Scrambled Eggs	2ea	Toast (WG)	1s	Milk	8oz	Grape Juice	1/2c	Cocoa Puff (WG)	3/4c	Milk	8oz	Applesauce	1/2c	Cinnamon Toast (WG)	1s																					
<u>Lunch</u>																																																						
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Milk	8oz	BBQ Pork Sandwich (HM)	2oz	Pineapple	1/4c	Baked Beans	1/2c	Bun	1ea	Milk	8oz	Pizza Quesadilla (CN)	1s	Mixed Fruit	1/4c	Salad (F)	1c	Milk	8oz	Mac & Cheese (HM)	6oz	Pears	1/4c	Green Beans	1/2c	Bun	1ea	Hot Dog 1ea (CN)	2oz	Milk	8oz	Chicken Leg	1ea	Peaches	1/4c	Mashed Potatos	1/2c	Butter Bread	1s	Cottage Cheese	1/4c	Milk	8oz	Chicken Wrap (PF)	2oz	Banana (F)	1ea	Carrots/Celery (F)	1/2c	Tortila	1ea	Cheese/Lettuce	1s

CYCLE WEEK 2

updated 06/26/2026

(F)= Fresh fruit or vegetable
 (WG)=Whole grain
 (HM)=Homemade
 (CN)=Child Nutrition Label
 (PF)=Product Formulation

c=cup
 s=slice
 sr=serving

Milk 1% unflavored, flavored
ALL MENUS ARE SUBJECT TO CHANGE
 This institution is an equal opportunity provider.