

DATE JUNE 2026

**Summer MENU**

NAME OF CENTER YMCA, 751 West 2nd St

MONDAY 22nd				TUESDAY 23rd				WEDNESDAY 24th				THURSDAY 25th				FRIDAY 26th			
Food Item		6+ yrs		Food Item		6+ yrs		Food Item		6+ yrs		Food Item		6+ yrs		Food Item		6+ yrs	
<u>BREAKFAST:</u>																			
MILK, FLUID		Milk	8oz	Milk		8oz	Milk		8oz	Milk		1c	Milk		8oz	MILK, FLUID			
JUICE, FRUIT,		Grape Juice	1/2c	Fruit Punch		1/2c	Orange Juice		1/2c	Orange Juice		1/2c	Mandarin Oranges		1/2c	JUICE, FRUIT,			
VEGETABLE		Cocoa Puffs (WG)	3/4c	Sausage Gravy (HM)			Scrambled Eggs		2ea	Apple Jacks (WG)		3/4c	Cinnamon Toast (WG)		1s	VEGETABLE			
GRAIN/ BREAD				Biscuit (WG)		1sr	Toast (WG)		1/2s							GRAIN/ BREAD			
<u>Lunch</u>																			
MILK, FLUID		Milk	8oz	Milk		8oz	Milk		8oz	Milk		8oz	Milk		8oz	MILK, FLUID			
MEAT/MEAT		Spaghetti/	8oz	Nachos Hamburger (HM)		2oz	Breaded Chicken Patty (CN)		2oz	Salisbury Stake		2oz	Ham (PF)		1.5oz	MEAT/MEAT			
ALTERNATE		Meat Sauce (HM)		Peaches		1/4c	Pears		1/4c	Mixed Fruit		1/4c	Cheese		.5oz	ALTERNATE			
1st FRUIT/VEG		Salad (F)	1c	Refried Beans		1/2c	Green Beans		1/2c	Mashed Potatos		1/2c	Carrott/Celery (F)		1/2c	1st FRUIT/VEG			
2nd FRUIT/VEG		Applesauce	1/4c	Cheese			Bun		1ea	Butter Bread (WG)		1s	Banana (F)		1ea	2nd FRUIT/VEG			
GRAIN/BREAD		Garlic Bread	1/2s	Tortilla Chips		1oz							Bun		1ea	GRAIN/BREAD			

CYCLE WEEK 1

updated 06/19/2026

(F)= Fresh fruit or vegetable  
 (WG)=Whole grain  
 (HM)=Homemade  
 (CN)=Child Nutrition Label  
 (PF)=Product Formulation

c=cup  
 s=slice  
 sr=serving

Milk 1% unflavored, flavored  
**ALL MENUS ARE SUBJECT TO CHANGE**  
 This institution is an equal opportunity provider.