

DATE June/July 2025

Summer Menu

NAME OF CENTER YMCA 751 West 2nd St

MONDAY 30th				TUESDAY 1st			WEDNESDAY 2nd			THURSDAY 3rd			FRIDAY 4th		
Food Item	3-5yrs	6+ yrs		Food Item	3-5yrs	6+ yrs	Food Item	3-5yrs	6+ yrs	Food Item	3-5yrs	6+ yrs	Food Item	3-5yrs	6+ yrs
<u>BREAKFAST:</u> MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Milk Apple Juice Cinnamon Toaster Cereal	1c 1/2c 3/4c		Milk Fruit Punch Apple Jack Cereal	1c 1/2c 3/4c		Milk Orange Juice Scrambled Eggs Toast (WG)	1c 1/2c 2ea 1/2s		Milk Fruit Punch Marshmallow Mateys Cereal	1c 1/2c 3/4c		CLOSED		
<u>Lunch</u> MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Milk Spaghetti/ Meat Sauce (HM) Salad (F) Applesauce Garlic Bread (WG)	1c 8oz 1c 1/4c 1/2s		Milk Grill Cheese Peaches French Fries Bread (WG)	1c 2oz 1/4c 1/2c 2s		Milk Breaded Chicken Patty (CN) Pears Green Beans Bun (WG)	1c 2oz 1/4c 1/2c 1		Milk Meat Balls(CN) 3ea Mixed Fruit Mashed Potatos Butter Bread (WG)	1c 3oz 1/4c 1/2c 1s				

(F)= Fresh fruit or vegetable
(WG)=Whole grain
(HM)=Homemade
(CN)=Child nutrition label

c=cup
s=slice
sr=serving

Milk 1% unflavored, flavored
ALL MENUS ARE SUBJECT TO CHANGE
This institution is an equal opportunity provider.

CYCLE WEEK 1
updated 05/29/2025