

DATE May 2026

**Summer Menu**

NAME OF CENTER YMCA, 751 West 2nd St

| MONDAY 25th   |  |        |  | TUESDAY 26th  |  |        |  | WEDNESDAY 27th  |  |        |  | THURSDAY 28th   |  |        |  | FRIDAY 29th  |  |        |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |                   |  |  |  |
|---|--|--------|--|---|--|--------|--|---|--|--------|--|---|--|--------|--|--|--|--------|--|--|--|--|--|--|--|--|--|---|--|--|--|--|--|--|--|-------------------|--|--|--|
| Food Item   |  | 6+ yrs |  | Food Item   |  | 6+ yrs |  | Food Item   |  | 6+ yrs |  | Food Item   |  | 6+ yrs |  | Food Item  |  | 6+ yrs |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |                   |  |  |  |
| <u>BREAKFAST:</u><br>MILK, FLUID<br>JUICE, FRUIT,<br>VEGETABLE<br>GRAIN/<br>BREAD                               |  |        |  | <b>CLOSED</b>   |  |        |  | Milk<br>Fruit Punch<br>Sausage Gravy (HM)<br>Biscuit (WG) |  |        |  | 8oz<br>1/2c<br><br>1sr  |  |        |  | Milk<br>Orange Juice<br>Scrambled Eggs<br>Toast (WG) |  |        |  | 8oz<br>1/2c<br>2ea<br>1/2s   |  |  |  | Milk<br>Orange Juice<br>Apple Jacks (WG) |  |  |  | 1c<br>1/2c<br>3/4c  |  |  |  | Milk<br>Mandrin Oranges<br>Cinnamon Toast (WG) |  |  |  | 8oz<br>1/2c<br>1s |  |  |  |
| <u>Lunch</u><br>MILK, FLUID<br>MEAT/MEAT<br>ALTERNATE<br>1st FRUIT/VEG<br>2nd FRUIT/VEG<br>GRAIN/BREAD<br>OTHER |  |        |  | Milk<br>Nachos Hamburger (HM)<br>Peaches<br>Refried Beans<br>Cheese<br>Tortilla Chips |  |        |  | 8oz<br>2oz<br>1/4c<br>1/2c<br><br>1oz                     |  |        |  | Milk<br>Breaded Chicken Patty (CN)<br>Pears<br>Green Beans<br>Bun |  |        |  | 8oz<br>2oz<br>1/4c<br>1/2c<br>1ea                    |  |        |  | Milk<br>Meat Balls(CN) 4ea<br>Mixed Fruit<br>Mashed Potatos<br>Butter Bread (WG) |  |  |  | 8oz<br>2oz<br>1/4c<br>1/2c<br>1s         |  |  |  | Milk<br>Ham (PF)<br>Cheese<br>Carrott/Celery (F)<br>Banana (F)<br>Bun |  |  |  | 8oz<br>1.5oz<br>.5oz<br>1/2c<br>1ea<br>1ea     |  |  |  |                   |  |  |  |

CYCLE WEEK 2

updated 05/20/2026

(F)= Fresh fruit or vegetable  
(WG)=Whole grain  
(HM)=Homemade  
(CN)=Child Nutrition Label  
(PF)=Product Formulation

c=cup  
s=slice  
sr=serving

Milk 1% unflavored, flavored  
**ALL MENUS ARE SUBJECT TO CHANGE**  
This institution is an equal opportunity provider.