



MIAMI COUNTY YMCA COVID Rules Update

Effective April 6, 2021

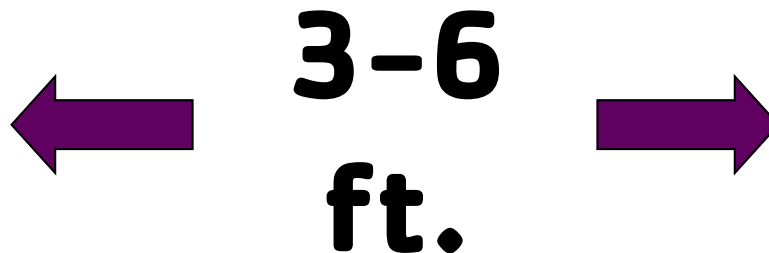


**DETERMINED
TO SERVE**

5 Rules for Entry

1. KEEP your DISTANCE.

- Depending on the circumstances, the CDC is recommending **3-6 feet** between you and others who are not part of your household.
- **Personal items** like gym bags, water bottles, towels, etc. should be **kept separate** from others as much as possible.



5 Rules for Entry

2. **WASH** your **HANDS** (a **LOT**).

- 20 seconds of **soap and water** or applying hand sanitizer **will STOP most germs** and viruses including COVID-19 from lingering.
- Along with **NOT TOUCHING YOUR FACE**, frequent handwashing significantly **reduces** your chances of **infection**.



5 Rules for Entry

3. DON'T COUGH on OTHERS.

- PLEASE **COVER** your **COUGH** or sneeze regardless of distancing.
- Face coverings are **advised** but not required for members or staff if **distancing is maintained**.
- We will continue to supply face masks for anyone who needs one



5 Rules for Entry

4. **STAY HOME** if you're **SICK**.

- If you are **exhibiting symptoms** at the Y, we will ask you to **submit to a health screen**, including a temperature check.
- We will ask **staff and members who do not pass** to go home and **not return until fever free** for at least 72 hours.



5 Rules for Entry

5. KNOW YOUR personal RISKS.

- People with **personal health risk factors** should **CONSIDER WAITING** to come back to the Y until the virus has subsided.
- While we have significantly increased our disinfection practices, we **CANNOT GUARANTEE** a **germ-free environment.**

NOTICE

**USE AT
YOUR
OWN RISK**

Additional Considerations

- Current building hours will continue.
- Due to **FTA rules**, Transit **drivers and riders** will still be **required to wear face coverings** while in the vehicle
- **Spas, steam room, and saunas** will remain **closed** due to distancing guidelines still in place
 - Will re-evaluate in 30 days

Continued Special Considerations for Child Care

- Child care participants will complete a Daily Health screen before admittance (including a temperature check) through the end of the school year
- Drop off/pick up will continue at a separate entrance
- Non-essential visitors (including parents) will not be admitted
- Disinfection and other hygiene practices remain in place



THANK YOU for your support and cooperation—we could not have stepped up for the community without your help.



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